



# RETIRED POLICE, FIRE AND SHERIFF ASSOCIATION, INC.

Founded in 1968

FALL 2009- ISSUE 17

CITY OF  
ALEXANDR  
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## HOSE AND HOLSTER

### PRESIDENT'S REPORT

Busy times are upon us. With the holiday's right around the corner none of us are exempt from being pulled in different directions. Those of us who still work have our jobs and worrying if we will still have them in this economic mess we are in. Those of us who have kids and grandkids are all ready thinking of how to make their holidays special when our bank accounts are not as we would like them to be. Tuff times all around.

As a group we are no different. We need to be looking at how we can hold expenses down. I believe it is time for us to move into the electronic age with our newsletter. Having to print up, place into envelopes, weigh and stamp- is a huge cost in both money and manhours. Look at the envelope this came in, see how much it cost to send it? Now multiply that by our membership of about 250, add in the cost of printing which runs a few hundred dollars and you can see why I would like to move to an electronic version.

I realize that some of you do not have access to the Internet. I know we will need to still send out paper versions of our newsletter to you but sending out 30 or so newsletters opposed to 250 would still save th~ association a huge amount of money. I ask that you think about this and send me your thoughts so that at our next scheduled meeting in November a decision can be made. Please send your thoughts and comments to me at [Mitzi@aol.com](mailto:Mitzi@aol.com)

In combination with the financial issue addressed above, our current editor is stepping down and we are in need of someone to take over the newsletter. If you would be interested in taking over as editor of our newsletter please email me.

I want to thank Earl Walts for all he has done in his continued service to the Association. His position as our newsletter editor has been one in the shadows. He struggles each and every month to get the police, fire and sheriffs offices to provide information which will be beneficial to our membership. He has to remind me to get the presidents report to him, something I struggle to find time to do, with my composing it usually happening way after midnight. There is only so much time in the day and I seem to run out of it more often than not. Thank you Earl for putting up with my behind schedules self.

Thank you Earl, for taking the time out of your busy life to provide us with a newsletter each quarter. You have done an exceptional job, which you are not thanked often enough for. Speaking on behalf of the



Association, we thank you Earl.

Mitzi Nickle



# MINUTES-JULY 2009

President Mitzi Nickle called the meeting to order with 39 members present. Everyone stood for the pledge of allegiance and a moment of silence for all departed members.

President Nickle did the roll call of officers - all present. She then recognized the past Presidents in attendance - MK Bryant, Bill Dewalt, Ken Howard and Joe Mellender.

Secretary's Report - voted to accept as written.

Correspondence -  
Congratulations to Ken Howard for being selected to serve on the new Police Memorial Board for the new HQ's.

Donations were received from Byron McBride and Stephen Williams.

Job Offer - Safe Ride Solutions - \$30 to drive around NFL Players (6 hours) must be either an active Police/Sheriff or retiree. -

President Nickle recognized the June birthdays.

Application - received from Wayne Bass. Members voted and accepted.

Guests - Curtis and Joyce Eaby were visiting from Florida.

Treasurer's Report - accepted as read by Carl Dutzman.

Audit Report - nothing to report.  
Bylaws Committee - nothing to report.

Data Bank - nothing to report.

Newsletter - Earl Walts stated the newsletter is very thin and we need articles from Police/Fire/Sheriff Departments.

Retirement Benefits - John Horvath reported they are working on negotiations with the attorney. Carolyn Williams talked about the Health Benefits renewal.

Sick List - Mike Conner and Ruth Penn are now at home recuperating. Quentin Tabscott was in Arlington Hospital with a weak heart. He now is in rehab for weakness in his legs.

Web Site - nothing to report.

Old Business - nothing to report.

New Business - David "Pete" Brown passed away recently. Please keep his family in your thoughts and prayers.

Door prizes - were given out.

Next meeting will be August 13, 2009.

Meeting adjourned at 12:55PM.

*Pat Miles, Secretary*

# MINUTES-AUGUST 2009

President Mitzi Nickle called the meeting to order with 33 members present. Everyone stood for the pledge of allegiance and a moment of silence for all departed members.

President Nickle did the roll call of officers - all present with the exception of 2nd v.P. Mary Bryant. She then recognized the past President in attendance - Bill Dewalt and Ken Howard.

Secretary's Report - voted to accept as written.

President Nickle recognized the August birthdays.

Applications - received from James Milito (Police) and Russell Snyder (Police Associate) Members voted and accepted both applicants into membership.

Treasurer's Report - accepted as read by Carl Dutzman to be put in audit.

No committee reports this month due to several members being on vacation.

## MINUTES-AUGUST 2009 (continued)

le reminded everyone that Earl Walts will be stepping down this year and the Association will need someone to take over the newsletter.

Retirement Benefits - Carolyn Williams  
United Health Care not having rates for 1 over 65/ 1 under 65 both treated as under 65.

Medicare automatically deducted from Social Security benefits.

Kaiser has a one on one plan.

HMO would pay what Medicare doesn't pay unless the procedure doesn't qualify.

Will talk to Kathleen Schramm to get clarification on this issue.

Human Services - United Health Care would treat both as over 65 under Medicare.

Difference being under 65 cannot charge anything to Medicare only United Health Care.

Over 65 would be charged to Medicare.

Carl Dutzman

Kaiser Advantage charged a premium increase in January.

**Another** increase was charged in July but was told an error was made in bilJing.

Anyone having Kaiser Advantage should check their statements in August and if see an increase contact them.

John Horvath

Contacted Human Services for a copy of 2004

Handbook and was advised there was no such

Handbook but they are currently working on new

Handbook.

Conference call tomorrow with Steven Bland and Theresa Nugent reference the 2004 Handbook versus the new and improved.

Still working with the Attorney's Office on the disabled employees to see if legal action can be taken against the City.

Web Site - Clarence stated everything going well. n Campbell has taken over the membership part to help Clarence.

Sick List - Mike Conner is doing well from his recent heart attack, Quentin Tabscott is still recovering, Doris Pugh recovering from emergency gall bladder surgery, Marcine Roland recovering from back surgery and Norman Grimm is out of the hospital and recovering at home. Ruth Penn is back with us today. Please keep them in your thoughts and prayers.

Old Business - nothing to report.

New Business -

Guests - George and Karen Marinoff are visiting from Sarasota, Florida.

50/50 - Jeanne Rexroad won.

Door prizes - were given out.

Next meeting will be September 10, 2009.

Meeting adjourned at ] :OOPM.

*Pat Miles, Secretary*

## MINUTES-SEPTEMBER-2009

President Mitzi Nickle called the meeting to order with 21 members present. Everyone stood for the pledge of allegiance and a moment of silence for all departed members.

President Nickle did the roll call of officers - all present with the exception of 1st v.P. Gene Stovall. She then recognized the past President in attendance - MK Bryant.

retary's Report - voted to accept as written.

Correspondence -  
Congratulations to the newly appointed Chief of Police Earl Cook.

John Vollmer (Fire) - retirement party Saturday, September 12 at 4:00pm at the Hall located on Colvin Street.

(Continued on next page)

## MINUTES-SEPTEMBER 2009 (continued)

On August 31, 2009 Mary Beth Pagnella (Bob Murphy's daughter) wrote that Bob is in Virginia Hospital Center with bone infections in both feet and they are doing tests. He is not doing well and needs a little boost from everyone. His room is #628 and phone #703-717-7628. Please keep him in your prayers.

Newsletter from Ivy Hill Historical Preservation Society will be available to read after the meeting.

Norman Grimm is improving and getting stronger each day. He has his diverticulitis under control but his knee still needs a replacement. He would love to hear from everyone.

Ed Schomp fell from a ladder and dislocated the ball from its socket in his shoulder on August 24th. While in the hospital, it was discovered the ball was sheared in half and he had to undergo surgery on Friday. He will be in physical therapy for several months and his new number is 843-757-6327.

Sue Story (Human Resources) provided insurance clarification from our previous meetings. The United Health Care (URC) premium is reduced (IndividualChoice coverage reduces by \$67.62/month) for URC retirees over age 65. Standard Life Insurance premiums are increasing by 10% effective December 1, 2009. Rates have remained the same for the past three years. Per contract they can increase premiums no more than 10% in years four and five. Any questions or concerns contact Sue at (703)746-3786 or by email at (sue.story@alexandriava.gov).

Applications - none received.

President Nickle recognized the September birthdays.

Treasurer's Report - accepted as read by Carl Dutzman. Also, Old Country Buffet was running a special last month and returned \$80.00 back to the Association. It was voted to keep this as a donation to the Association.

Newsletter - nothing to report.

Audit - nothing to report.

Bylaws Committee - nothing to report.

Databank - nothing to report.

Meeting Arrangements - nothing to report.

Web Site - nothing to report.

Retirement Benefits - John Horvath still hasn't heard anything from the Attorney Rich Carter. Also, there was a meeting on the Pension Plan yesterday and it should be on the City's Web Site in the next few weeks.

Sick List - Quentin Tabscott is back in George Washington Hospital with blood in his urine and they are doing tests. Please keep all our sick and shut-ins in your thoughts and prayers.

Old Business - nothing to report.

New Business - President Nickle appointed a Nominating Committee consisting of Chairperson Jane Malik, Mary Bryant and Betty Elkins. If you would like to run for the upcoming election or know of someone that would be interested, please contact someone in the Nominating Committee. Thanks ladies for stepping up to the plate!

Guests - Kathy West brought her Mother-in-law Mary Lee West Seeber to the meeting.

50/50 - Kathy West won and donated the money back to the Association plus an extra donation. Thanks Kathy!!

Door prize - was given out.

Next meeting will be October 8, 2009.

Meeting adjourned at 12:35PM.

*Pat Miles, Secretary*

**If you change your mailing address, please don't forget to notify any officer of the Association so that we can continue to provide you with a newsletter.**





# BIRTHDAYS

## October

1. Anthony D. DeJerome
2. Dennis P. Butler
3. John E. Cocho
4. Gregory J. Spitzer
5. Mary E. Sutton
6. Russell Peverell
10. James N. Deitz
10. John E. McConnell
10. Michael L. Nicholson
14. Stephen Williams
15. Roy Elkins
15. Felton C. Gilliam
16. Carolyn E. Williams
17. Leonard E. Bunch Jr
18. Jean Kesler
18. David A. Miller
19. Stephen J. Flynn
19. Jane D. Malik
21. Cliff Church
24. David P. Baker
24. Alvin J. Smith
24. Virginia M. Smith
26. Richard C. Downs
27. Walter Calhoun
28. Horstman. John F.
29. Dennis E. Mastie
30. Donovan L. Upchurch
31. Phillip Harrington

## November

3. Arlo T. Lloyd
4. Gilbert L. Ramey
5. John D. Crawford
7. Willie Manning, Jr
9. Nickle. Mitzi J.
6. Catherine F. Webb
7. Kenneth M. Howard
8. Dean A. Webb
13. Charles T. Strobel

15. Donald L. Thomas
18. Alfred Levesque
24. Mark Purcell
24. Wayne N. Robey
25. Charles M. Davis
26. Ralph H. Grimm
27. George E. Butt
28. Robert Pettey
29. Dana Lawhorne
30. Ron Bove
31. Roy L. Beck
30. Timothy Gleeson



1. Louis M. Pellegrino
3. Edna M. Phillips
7. Oliver D. Crane
8. William H. James
9. Alice Addison
10. Tim Green
11. Harry O. Lane
12. Thomas J. Flynn
13. William S. Sykes
13. David J. Watson
14. Ashby Allen
14. Robert C. Orr
15. Edward Dameron
16. Andrew E. Fridley
17. Carl A. Dutzman
18. Kenneth Benarick
20. Clyde Campbell
20. Avis L. Kirk
20. Ray Shanahan
22. Callie Terrell
23. Mike Andrews
23. Donald Barrett
23. Sue Chalk
23. Carl C. Hatton
23. Shirley E. Joyner
24. Owen L. Cornwell
27. Joseph W. Lane
27. Kathleen D. West
29. Jack Beam
31. Jim Bland
31. Bill Dewalt, Sr
31. Joe Morrash

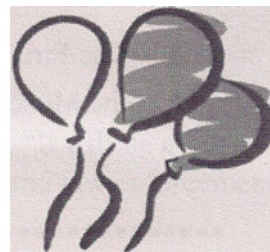
*Birthday*

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"At my age, Flowers scare me." - George Surns

Happ-y 5irthda-y to all !!!!!!!!!!!!!!!!!!!!!!!!!!!!!





# POLICE DEPARTMENT NEWS

On Tuesday, August 4, from 5:00 P.M. to 10:00 P.M., City officials partnered with the Alexandria Police to celebrate National Night Out. The special celebration was part of a nationwide crime and drug prevention effort sponsored by the National Association of Town Watch (NATW).

To heighten awareness of crime prevention, residents in more than 25 Alexandria neighborhoods turned on their porch lights, hosted neighborhood cook-outs and sponsored block parties in support of National Night Out. Mayor William D. Euille, members of City Council and Chief of Police Earl Cook reaffirmed the City's commitment to fighting crime by visiting residents throughout the City. Chief Cook attended the National Night Out events at various locations throughout the City.

McGruff the Crime Fighting Dog, the K-9 Unit, Bike Patrol Unit and Motor Unit also toured neighborhoods and offer special demonstrations.

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In August, Earl Cook was named Chief of the Alexandria Police Department. Earl succeeds Dave Baker, who retired with a total of almost 40 years of service with Metropolitan Police and Alexandria Police. We wish Earl all the best in leading the men and women of the APD.

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On Friday, October 15,2009 there will be a wreath laying ceremony at the National Law Enforcement Officers Memorial, which is located at the Judiciary Square in Washington,DC (Metro accessible). Participating in the ceremony is Ginny Hill O'Branovich, Charlie Hill's widow. The ceremony begins at 11 ani.

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On October 26 from 1pm to 3pm, the Alexandria Police K-9 unit will be hosting an open house, celebrating 50 years of service. The kennels are located at 1108B Jefferson St (behind the Lee Center).

# FIRE DEPARTMENT NEWS



The Fire Department participated in the "Fill the Boot" fundraiser to secure donations for the Muscular Distrophy Association.

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John Vollmer retired after 23 years of service.

# FIRE DEPARTMENT NEWS (continued)

Fire Chief Adam Theil announced the following promotions:

## Fire Captains

Wayne Brayant  
Sam Good Chris  
Kunkle Pam  
Parker

## Communications Supervisors

Jeff Vallimont  
Tony Washington  
Jason Wehmeyer  
Christine Ponce

## SHERIFF'S OFFICE NEWS



The Alexandria Sheriff's Office will undergo an on-site assessment by the Commission on Accreditation for Law Enforcement Agencies, Inc. (CALEA). The four-day audit, to be held from August 15-18, 2009, will determine the agency's continued compliance with professional law enforcement standards promulgated by the Commission. The Sheriff's Office first achieved CALEA accreditation in 1990.

Michele McCarty has been named commander of the Administrative Services Section and Michael Neebe has been named Sergeant in the latest promotions by Alexandria Sheriff Dana Lawhorne.

Commander McCarty comes to the Sheriff's office from the Alexandria Department of Recreation, Parks, and Cultural Activities. She began her new assignment Monday, July 13.

She is a native of Connecticut and resides in Woodbridge with her son, Zachary, 12.

Deputy Neebe is a 19-year veteran of the Sheriff's Office. His previous assignments include serving on three of four Security Teams, the courthouse, and most recently as training coordinator. Sergeant Neebe's promotion is effective August 8. He will be assigned to a Security Division team.

Sergeant Neebe is a native Alexandrian and Army veteran. He and his wife, Melissa, reside in Woodbridge with their two children, Kyle, 16, and Hannah, nine.

A total of 13 young people from 12 to 18 years of age will attend the first Youth Academy established by the Alexandria Sheriff's Office, beginning Monday, August 17.

The three-day program was established by Sheriff Dana Lawhorne to acquaint the city's youth with the operations of the Sheriff's Office. This is an event to facilitate the Sheriff's Office's efforts to "connect with the community. "

Beginning at 9 AM Monday students from all over Alexandria will tour the Sheriff's Office and Detention Center on Mill Road. They *meet* first with the senior command staff who will discuss all phases of the Sheriff's Office, detailing day-to-day work.

The young people enrolled will come from the city's youth and recreation centers.

Establishment of the Youth Academy has been a key goal of Sheriff Lawhorne. "It will be a time of learning, role modeling and encourages good relations between young people and law enforcement," Lawhorne said.

The three-day Academy will be exciting time for both youth and staff presenters. Youth will observe Deputies up close and personally, riding in cruisers, going to the Sheriff's Firing Range, experiencing (Continued on next page)



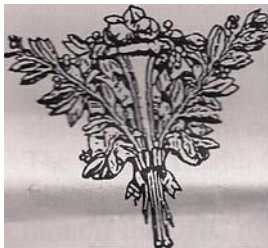
# SICK CALL

Marcine Roland had back surgery. Her back is doing great but she is having a lot of pain in her leg. She is staying at her daughter's.

Doris Pugh has been discharged from Fair Oaks Hospital. She had emergency gall bladder surgery.

Norman Grimm suffered a bout of diverticulitis. This may have been set off by the medicine given to him for his knee after a previous hospital stay. Norman is at home, recuperating.

Ed Schomp was injured while working on his garage. Ed fell from a ladder. It was determined that Ed dislocated the right shoulder ball from its socket. Subsequent Xray found that Ed had sheared the shoulder ball in half. Surgery replaced the damaged shoulder ball with a replacement Titanium shoulder ball.



# ALARMILAST CALL

Winifred Jones, retired Fire Department, passed away on September 4, 2009. Winifred was not a member of the Retired Association.

Our prayers go out to all of our sick and departed friends.

# LAST

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## SHERIFF'S DEPARTMENT NEWS (continued)

the task of managing an inmate housing unit, and observing staff keep order in the courts.

Sherman, the Sheriff's K-9, will also be a feature for the students. A demonstration by handler John O'Hara and Sherman will showcase how the golden Labrador retriever "sniffs out" bombs, ammunition and the pair's role in keeping the City safe.

Other unique sessions include classes with the Office of the Commonwealth's Attorney, the Public Defender's office and a visit with the local judiciary.

The students will graduate from program in a ceremony on Wednesday, August 19, where they will receive their certificates of completion.



# Odds and Ends

Steve Williams has provided several anecdotes for inclusion in the newsletter. I hope everyone enjoys this one:

Some neighborhood kids used to hang around the fire stations and would run various errands as needed for the fellows. Some of the errands were strange, looking for hard to find items like red lights, strap oil, pigeon milk and buckets of stain. One heavily trafficked Saturday evening, one such errand boy at No.4 station was asked if he would ride his bike up to No.5 station to pick up the hose stretcher. He agreed and made his way up North Patrick Street, where No.5 was located. The fellows there, having a slow day, were only too happy to fulfill his request and accommodated him with a wagon tongue from the shed, about ten feet long, loaded with nails that they had driven from time to time just to amuse themselves. They helped him to balance the wobbly load horizontally across the handlebars and then told him to pedal back downtown on the sidewalk so that he wouldn't interfere traffic. By yelling to approaching pedestrians, he was able to clear a path through the busy sidewalks, and all went well until he tried to negotiate the corner at King and St. Asaph, where he and the bicycle turned over. In appreciation for the trouble he had taken, the fellows at No.4 helped him up and carried the "hose stretcher" to the rear of the station, where it remained several years before being cut up for kindling.

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REMINDER. ... All cell phone numbers have been released to telemarketing companies and you will start to receive sale calls .... **YOU WILL BE CHARGED FOR THESE CALLS** Even if the message is saved on your phone, you will be charged for the minutes to listen to it. To prevent this, call the following number from your cell phone:

888-382-1222 .

It is the National DO NOT CALL list. It will only take a minute of your time. It blocks your number for five 5) years. You must call from the cell phone number you want to have blocked. You cannot call from a different phone number.

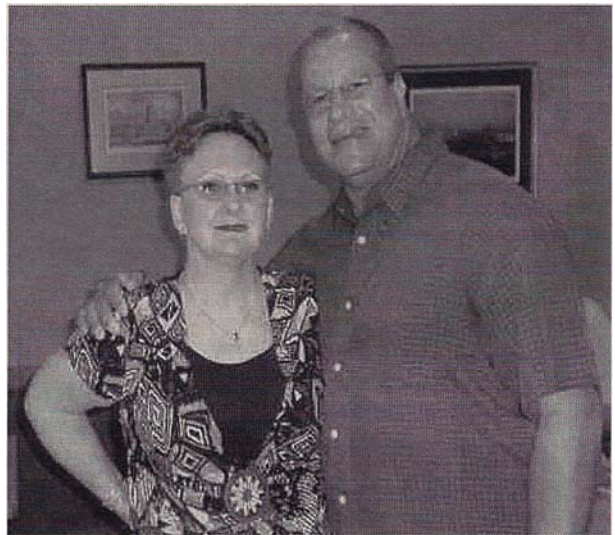
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Bob Wynn (retired Police) has a new book published recently. The title is "Worse Than A Nightmare", and can be ordered on line at [www.buybooksontheweb.com](http://www.buybooksontheweb.com)

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Charlie Lloyd, Bob Pettey & Dave Estes

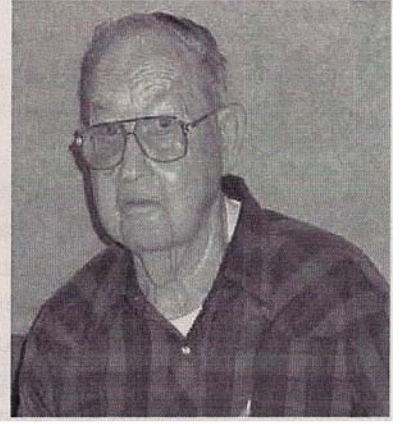


Cathy and Dean Webb

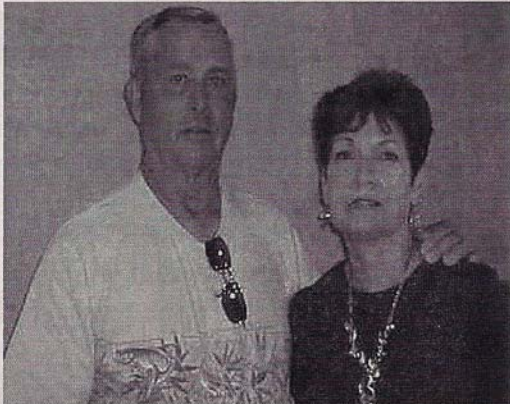




Mary Lou Simpson



Sandy  
Flynn  
Alvin  
Smith



Curt and Joyce Eaby



Arlo Lloyd  
and  
Cecil Carr